

# Taking Charge of My Anticoagulant



**I will talk to the doctor who manages my anti coagulant (examples: apixaban (Eliquis®), dabigatran (Pradaxa®), rivaroxaban (Xarelto®), edoxaban (Savaysa®) and betrixaban (Bevyxxa®) if I:**

- **START** any new prescription drug(s) or over-the-counter product(s), including vitamins and supplements
- **STOP** any prescription drug(s) or over-the-counter product(s)
- **CHANGE** the dose of any prescription drug(s) or over-the-counter product(s) that I already I take
- **EXPERIENCE** bothersome bleeding, such as:
  - Gums that won't stop bleeding
  - Severe bruises or bruises that appear for no reason



**When I call my doctor's office I will say:**

1. **My name is** (state your name).
2. **The doctor who prescribed my anticoagulant is** (state your doctor's name).
3. **I was told to call when any of my medications change or if I have noticed bleeding.**
4. **I am calling to tell you** (describe bleeding or change to medications).
5. **Does the doctor have any new instructions for me?** (Write down and follow any new instructions.)



**I will seek immediate attention from my doctor, the emergency room, or 911 if I notice: Serious bleeding I can see, including:**

- Vomit that shows blood or looks like coffee grounds
- Stool or bowel movements that show blood or are very dark and tar-like
- Urine that is pink, red, or unusually dark
- Phlegm (mucus) that shows blood



**Major changes in how I feel, including those resulting from:**

- Severe abdominal pain
- Headaches that are severe or won't go away
- Confusion or decreased alertness
- Dizziness or lightheadedness
- A serious fall or hitting my head



**I will keep my medication in the original container or prescription bottle unless instructed otherwise.**

The doctor who manages my anticoagulant is:

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My doctor's phone number is:

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