

CKD Kidney Care: An E-Learn Series Overview

Webinar Transcript

Mitzi Vince: Good afternoon and welcome to today's webinar - CKD Kidney Care, an e-Learn Series Overview. My name is Mitzi Vince and I am a Communications Specialist with Quality Insights and your host for today's presentation. We will get started in just a few minutes. But first, a few housekeeping items. All participants entered today's webinar in listen-only mode. Should you have a question or comments during today's call, we asked that you please type it into either the chat or the Q&A box to the right of your screen. If you are unable to locate your chat box, hover over the bottom of your screen and click on the word chat with the speech bubble on the bottom, right corner of your screen. Today's webinar does not offer CE, but the courses you will learn about in today's webinar all offers several CE options.

Also, at the end of today's program, you'll be directed to an evaluation. We hope you will complete the evaluation as it helps to tell us how we did and how we can shape the future program. We have some exciting information to deliver to you today. So without further ado, I'd like to introduce our guest speaker, Andrea Moore. Andrea Moore, a Project Manager at Quality Insights is the director of the Kidney Care Project and e-Learn Series. She's a medical and administrative social worker by trade with experience in kidney disease, quality and performance improvement, public and population health, and project management. Andrea's framework for quality improvement in the delivery of kidney care is rooted in individualized care and addressing health inequities and social determinants of health. It's now my pleasure to turn the program over to Andrea Moore. Andrea?

Andrea Moore: Thank you, Mitzi, and good afternoon to everyone. Thank you for joining us for a high level overview of the Kidney Care e-Learn Series and an introduction to how to enroll. I hope that some, if not all of you had an opportunity to join our November webinar, where we really took in more in-depth look at the Kidney Care e-Learn Series and the individual courses, the six courses that make up the series. If you did not have an opportunity to join November's webinar but want more detail about the course, then I invite you to either go to our ediscolearn.com website, which I'll talk more about later on in this webinar. You can click on the link to the recording and we will share that in the chat. You can listen to the recording from the November's webinar, or you can reach out to me directly. I'm happy to answer any calls if you want to talk further about the courses. And I'll share my contact information at the end. But the best way to learn about the courses are to enroll.

So let's begin with the importance of this work around CKD and around improving CKD detection, management and reducing disparities in CKD. 37

million adults in the United States have chronic kidney disease or CKD. The vast majority of them really have no idea that they have a compromised kidney function. And by the majority, I mean, nine out of 10 adults who has CKD are completely unaware of their condition until it progresses and they require intervention.

And so when I say intervention, and when we talk about how the majority of adults who have CKD are unaware, I'm sure that many of you know that a lot of individuals who have CKD, they end up crashing into the ER where that's their first time learning that they have kidney disease. And at the same time that they're learning about kidney disease, they're having to learn about dialysis because they crash in the ER, they have to start dialysis immediately. And they're doing all of this without an opportunity to have spoken to a nephrologist, to have learned about the different dialysis treatments and the different accesses. And this kind of really takes them out of the opportunity of having a preemptive transplant and just making more informed decisions.

Being compromised for their kidney function and crashing into the ER really contributes to kidney disease ranking as the ninth leading cause of death in the United States. Those with hypertension and/or diabetes possess the highest risk of developing CKD. And as such, we look to really focus on those individuals who have hypertension and/or diabetes, because this is the group that we want to reach and try to help educate and detect CKD early so that it can be managed. Approximately \$114 billion is spent on beneficiaries with kidney disease. This large number really doesn't even account for those individuals who are uninsured or who have Medicaid, or have some other form of insurance. So all of these statistics that I just shared with you really are the reason for why the Advancing American Kidney Health Initiative was launched in July of 2019. I'll tell you that the Advancing American Kidney Health Initiative, it has three pretty aggressive goals. And one of the goals is one that you all as providers can directly help to achieve. And that's the goal of reducing the number of Americans developing kidney failure by 25% by 2030.

So, how does the Kidney Care Project seek to meet the goal established by the Advancing American Kidney Health Initiative? We plan to do that by promoting risk stratification of CKD, by promoting early detection of CKD, improve monitoring and management of CKD and timely and appropriate referral to nephrology. The Kidney Care Project and e-Learns really supports primary care teams in the incorporation of risk identification and the early detection of CKD into your routine workflow. By doing this, by incorporating risk identification and early detection of CKD, you really have an opportunity to slow or even stop the progression of CKD. You also have an opportunity of changing that scenario that we spoke about earlier of the majority of individuals with CKD crashing into the ER and starting dialysis. By adopting risk identification and early detection routines, you'll be able to support timely and appropriate referrals to

nephrology. Primary care teams can also help to reduce disparities in care for CKD by focusing more on the early detection that we mentioned, focusing more on monitoring progression and collaborating with nephrologists and other specialists like pharmacists, dieticians, social workers, and really just building care teams and engaging patients.

The Kidney Care e-Learns are organized into three approaches. Those approaches are approaches to identify CKD, approaches to treatment and monitoring of CKD, and then approaches to centering care on the individual. So under the umbrella of these three approaches are six courses, and you can kind of see what's here. It's these six courses that support the goals of the Kidney Project and by proxy, the goals of the Advancing American Kidney Health Initiative.

Each course, each of the six courses are 60 minutes in length, and they really appeal to a variety of learning styles. In these courses, we include interactive scenarios, we include videos, audio. We also include downloadable handouts and resources that all aid in your learning. Now, the target audience are those individuals and professionals who work in, or collaborate with primary care physicians in the primary practice setting but the courses are appropriate for any healthcare professional. You will learn in the six courses how to use specific quality indicators that can be applied to most EHRs and health systems. You'll also learn techniques to incorporate CKD risk identification and early detection into your routine workflow. You will learn about the tools and calculators for staging CKD. You'll learn how to enhance patient care management. And you'll be provided with tools on how to reduce disparities in CKD.

You'll also learn in the courses how to identify key social determinants of health for people with or at-risk of CKD along racial, ethnic, and socioeconomic lines. The six courses will also help you to explore specific tools and techniques to improve care and outcomes. It will help you to explore the integration of ambulatory care pharmacists into a team-based approach. And I'll pause here just to say, and I know that many of you are aware of this. If you do not work in a health system where pharmacists are embedded into the system and embedded into primary care, you don't often find pharmacists who are right there as a part of the care team. And so, one of our courses spends a lot of time talking about how do you engage pharmacists, how do you position them as a part of the team to really help to fulfill goals that you all may have for your particular practice, the goals of the Advancing American Kidney Health Initiative, and then the goals of your patients.

So we do provide you with very actionable steps that you can take to try to integrate pharmacists and dieticians into a team-based approach for kidney care. We also explore the medication management interventions. We explore the benefits of Medical Nutrition Therapy or MNT. We talk about the roles and

responsibilities of the dietician also as a member of the core care team. And we spend a lot of time talking about those dietary differences for the different CKD stages. We also learn about the role of the nephrologist and the PCP, and when necessary, how the nephrologists and PCP co-manage patient care.

So that is just a high level overview of the courses. As I said, if you want a more in-depth look at each of the courses, you can either listen to the recording from November. You can contact me, or you can just enroll. Once you enroll, by going to the ediscollearn.com website, you will have an opportunity to read each course description. Once you click on that link, it'll take you directly to this page. So what you were seeing here on this slide is what you'll see once you click on the ediscollearn.com website. If you all are in receipt of the CKD Kidney Care flyer, then you will be able to easily click on the hyperlink for the ediscollearn.com website. And it'll take you here to this catalog. Once you're on this page, under webinars, you'll go directly to the Kidney Care catalog and you'll see the six courses that I just briefly talked about.

So this is showing you what happens when you click on a course. For example, if you select Leveraging EHRs and Improving Detection Rates which would be a good choice, we have four stars here. That is a good choice. It's a good place to start. From there, you will see a description of the course. If this is a course that you want to enroll in, of course you will select enroll. Now, if you have previously signed up for the ediscollearn.com, if you've previously have engaged this platform, then all you would need to do to complete your enrollment is to sign in. If you have not previously created an account through the ediscollearn.com portal, then you would try to enroll in a course, and then it will prompt you to sign up. And this is what that will look like. You'll sign up, you'll enter regular information that you tend to enter to create an account, your email address, your name. For this, you'll enter in your discipline. And from there, you'll be able to complete enrollment.

And so, that is really a very brief and high level overview of what the Kidney Care e-Learn are all about. Again, it is six courses. Each course is 60 minutes in length. And I feel like we may have skipped over a very important part here. There you are. This is a very important part. I knew something did not seem quite right. So, when you enroll in the course, I know Mitzi mentioned earlier that for your attendance on this webinar, you won't receive any credits or CEs for this webinar. However, for each of the six courses, you all will have an opportunity to receive CEs for nursing, physician, pharmacists, or dietician, Continuing Education credits. To register, we've already talked about that, where learners and that is referring to you, where you, the learner would just create an account. Or if you already have an account, you would sign up. You are not limited in the number of courses that you take.

So while this webinar is all about the CKD Kidney Care e-Learns Series, we have several different courses on our EDISCO platform. There's no limit to how many courses you enroll in. For the Kidney Care Series specifically, there are no prerequisites. You can take these courses in any order that you choose. Again, there are six courses. If you decide that you or your team really only need to take three of the courses, you're already solid on EHR. You don't need to take that course, that's perfectly fine. You can do that. You take it in whichever order that you choose. These courses are self-paced so you're able to stop and start however you like.

The e-Learns Series can be shared widely and without prior consent. We all really have a shared goal here. Our shared goal is to make sure that we are providing optimal care to our patients. And so, we want for you to share this course, to share the flyer widely because we all have a shared goal. And we firmly believe that by engaging in the e-Learns Series, the Kidney Care e-Learns Series, you're going to receive some valuable training about CKD and about all of the different aspects of CKD. So feel free to share the information widely. Upon completion, you will receive an attendance certificate. And again, you will receive free CEs based on your discipline.

And now, I will go to the questions. If you have any questions, feel free to let me know. Mitzi, I will turn it over to you. If you have any questions in the chat, I'm happy to answer them.

Mitzi Vince: Okay. And again, just as a reminder to everyone, please feel free to use the chat or the Q&A box to ask any questions that you may have. So, one question that we have asked if there are any social work CEUs?

Andrea Moore: No, there are not any social work CEUs for this course unfortunately. Really, the only CEs that we have are for nurses, pharmacists, physicians, and dieticians. But I will tell you, you can certainly still take the course and if I see that there are a lot of social workers who are taking the course, there may be a possibility that we then pursue those CEs.

Mitzi Vince: Okay. We have another question asking where they can get the slides from today's presentation. And just want to let everyone know that sides and related materials such as the recording, and then eventually we'll also have a transcript of today's webinar, those are going to be available on the qualityinsights-qin.org website. And I have put a link to that in the chat. At this time, we currently do not have any other questions. I'll wait a minute or two to let everyone get a chance to type anything in if they have any questions.

Andrea Moore: And as we await questions, I will share that these six courses was done in collaboration with a really great technical expert panel that included patient subject matter experts, nephrologists, primary care physicians, social workers.

We kind of had them all. I feel like I'm missing someone. Oh, we had a coding specialist. We had nurses, nurse practitioners. This was done in collaboration with a lot of people who are impacted firsthand by chronic kidney disease. And that came from our patient subject matter experts and those who are currently in the field helping to manage CKD.

Mitzi Vince: We have another question in the Q&A asking if each course provides one CE?

Andrea Moore: Yes.

Mitzi Vince: It looks like these are all of the questions that I'm seeing in the chat and Q&A.

Andrea Moore: Okay. Well, I encourage those who are not able to get CEs right now, like the person who asked about the social work CEs, please sign up on the EDISCO portal and you have to put in your discipline. I do get a report every month that shows me who has signed up to take the e-Learns. And if we see that an overwhelming number of social workers are enrolling and taking the course, then again, there may be a reason and opportunity to pursue those CEs.

Mitzi Vince: Okay. I'm not seeing any further questions. Andrea, if you have any closing remarks. I'll go ahead and put your contact information up for everyone.

Andrea Moore: Okay. No, my only closing remarks are to continue to be safe. Thank you for all that you do for your patients. And I look forward to you sharing and your feedback and sharing the Kidney Care e-Learns Series. So thank you for taking time out to join us.

Mitzi Vince: Thanks everyone for attending and have a great day.